



Holy Grand-Parenting

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#rtigdiscipleship

- Gift #1: Presence and Time

- When do you spend time with your grandchildren?
- List 2-3 other times when you could spend time with your grandchildren

- Gift #2: Respect and Value

- Affirmations: Write down your grandchild's name and then list all of their characteristics and gifts that you respect and value.
- Write a letter to your grand child. Tell them that you love them and that God loves them. Tell them the gifts you see in them. Share all of the characteristics you respect and value in them



- Gift #3: Story

- Think about your life journey- make a list of all the stories you want to share with your grandchildren. These might be:
- personal stories/experiences
- favorite bible stories
- favorite books, poems, or other stories.
- Write down one personal story/experience that you want to share with your grandchildren

- Gift #4: Liturgy and Ritual

- What are some liturgies and rituals you practice now?
- What are some liturgies and rituals you want to share and practice with your grandchildren?

- Gift #5: Wonder

- Make a list of times when you can wonder with your grandchildren.
- What are some wonder questions you want to ask?

- Gift #6: Blessing

- Write down times during the day/week when you can bless your grandchildren
- What do you want to say?